How to work effectively with colleagues on the autism spectrum

1. There are many traits to autism. Some may be present in one person but not the other.

2. We don’t understand new unspoken social cues - say exactly what you mean.

3. Our honesty can unintentionally appear rude at times - please outline unacceptable behavior clearly.

4. Most prefer written communication. Incorrect interpretation and repetition of instructions is avoided.

5. Unexpected changes in my activities is disruptive - please give enough time to plan for changes.

6. Have an awareness that my raised anxiety levels can cause me difficulty in tasks I should otherwise be able to do.

7. Respectful feedback is welcomed, but please don’t frame it in a personal manner.