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## Disability and Retirement: The Early Exit of Baby Boomers from the Labor Force

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## Disability and Retirement: The Early Exit of Baby Boomers from the Labor Force

### Keywords

Federal, key workplace documents, Catherwood, ILR, labor force participants, nonparticipants, health insurance, disability, retirement, social security

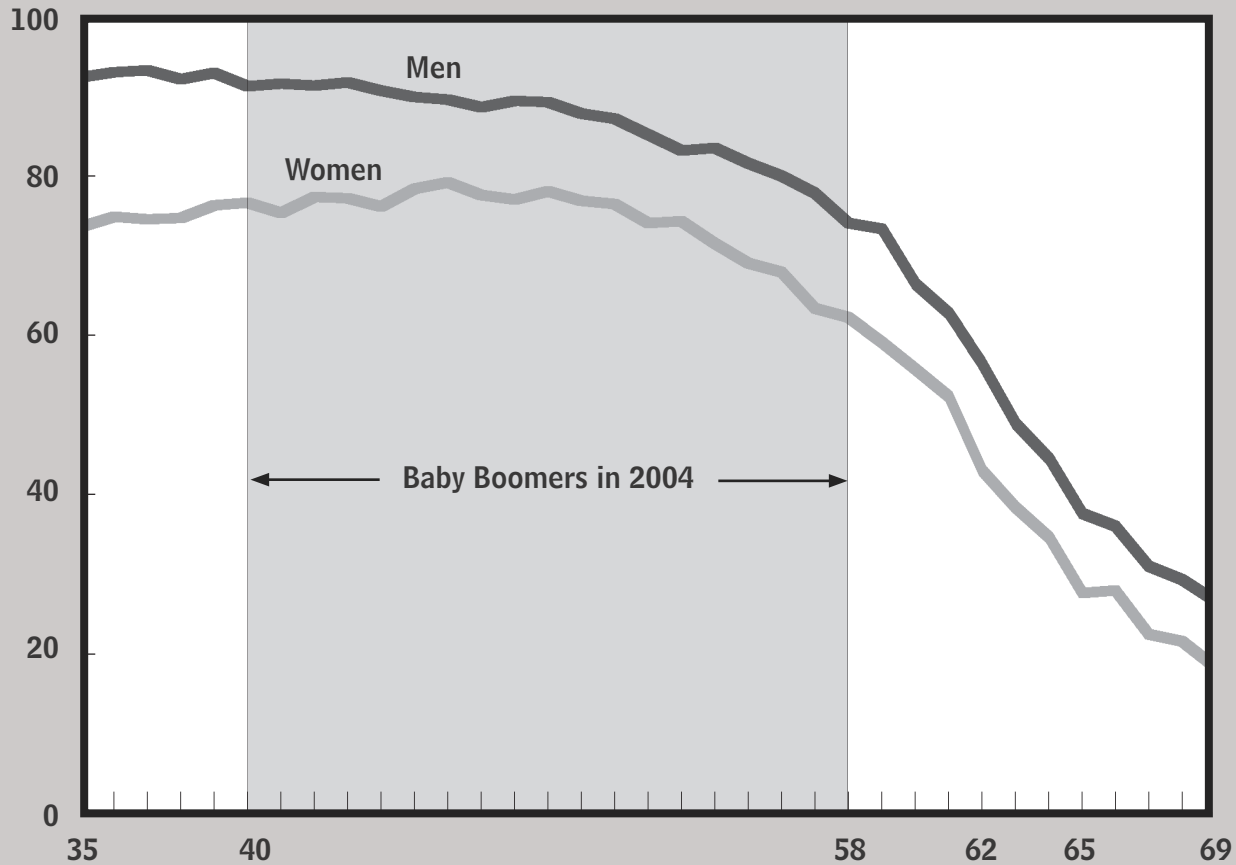
### Comments

A CBO Report

# Disability and Retirement: The Early Exit of Baby Boomers from the Labor Force

**Labor Force Participation Rates of Men and Women, by Age, 2004**

(Percentage of population)



NOVEMBER 2004





# **Disability and Retirement: The Early Exit of Baby Boomers from the Labor Force**

November 2004





## Preface

**A**lthough the oldest members of the baby-boom generation will not become eligible for Social Security retirement benefits until 2008, when they reach age 62, many of them already have left the labor force. This paper—prepared as part of the Congressional Budget Office’s (CBO’s) ongoing examination of the future composition of the labor force and the performance of the economy—uses data from a national survey to provide information about the men and women who leave the labor force before age 62 and their sources of income. In keeping with CBO’s mandate to provide objective, impartial analysis, the paper makes no recommendations.

Ralph E. Smith of CBO’s Health and Human Resources Division wrote the paper. Susan Labovich did the computer programming for the analysis, and Peter Richmond provided research assistance. The paper benefited from comments offered by June E. O’Neill, of Baruch College, City University of New York, and by Paul Cullinan, Molly Dahl, Noah Meyerson, Carla Tighe Murray, and Bruce Vavrichek, all of CBO.

Loretta Lettner edited the paper, and John Skeen proofread it. Ronald Moore produced drafts of the manuscript. Maureen Costantino designed the cover and prepared the paper for publication. Lenny Skutnik produced the printed copies, and Annette Kalicki and Simone Thomas prepared the electronic versions for CBO’s Web site ([www.cbo.gov](http://www.cbo.gov)).

Douglas Holtz-Eakin  
Director

November 2004







**CONTENTS**

**Introduction and Summary** *1*

**Participation in, and Withdrawal from, the Labor Force** *2*

**Who Stops Working Before Age 62, and What Do  
They Live On?** *5*

Income and Assets *6*

Poverty *8*

Health Insurance *11*

Characteristics of Men and Women Not in the  
Labor Force *12*

**Appendix: The Survey of Income and Program  
Participation** *17*

**Tables**

1.	Labor Force Status of Men and Women Ages 50 to 61 and the Main Reason for Nonparticipation, 2001	3
2.	Income and Assets of Labor Force Participants and Nonparticipants Ages 50 to 61, 2001	7
3.	Sources of Income for Men Ages 50 to 61 Not Participating in the Labor Force, 2001	9
4.	Sources of Income for Women Ages 50 to 61 Not Participating in the Labor Force, 2001	10
5.	Poverty Rates of Labor Force Participants and Nonparticipants Ages 50 to 61, 2001	12
6.	Health Insurance Coverage Among Labor Force Participants and Nonparticipants Ages 50 to 61, 2001	13
7.	Characteristics of Labor Force Participants and Nonparticipants Ages 50 to 61, 2001	14

**Figures**

1.	Labor Force Participation Rates of Men and Women, by Age, 2004	2
2.	Labor Force Participation Rates of Men and Women Ages 55 to 64, 1948 to 2003	4

**Box**

1.	What Does “Disabled” Mean?	16
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# Disability and Retirement: The Early Exit of Baby Boomers from the Labor Force

## Introduction and Summary

Members of the leading edge of the baby-boom generation—the large number of people born between 1946 and 1964—turn 58 this year. Most of them will become eligible for Social Security retirement benefits when they reach age 62. And, at age 65, they will qualify for Medicare. Considerable attention has been paid to whether boomers have saved enough to afford to retire and to whether they will decide to continue working once they become eligible for Social Security and Medicare.<sup>1</sup>

Many boomers, however, are not waiting until age 62 or 65 to stop working. Over 4 million already have left the labor force either because they are disabled or because they have retired. If they follow in the footsteps of workers now in their early 60s, perhaps one-third of the men and nearly half of the women will be out of the labor force before their 62nd birthday (see Figure 1).

This paper examines the characteristics of men and women who leave the labor force before reaching age 62 and analyzes their income sources given that they no longer work for pay. Most of the analysis concentrates on men and women ages 50 to 61 who were not in the labor force at any time in 2001—a group that includes not just the oldest boomers (those ages 50 to 55 in 2001), but also people born just before the baby boom began. (Information about the latter group offers insights into what could be in store for boomers as they age.) The empirical findings presented here are based largely on the Congressional Budget Office's (CBO's) analysis of data from the Survey

of Income and Program Participation (SIPP), conducted by the Census Bureau.

Because those data have several limitations, the qualitative findings of CBO's analysis are more meaningful than the precise estimates. One drawback is that the data are based on survey responses, which are not always accurate. Moreover, some of the questions—such as those that attempt to identify why respondents were not in the labor force or those that try to determine the presence of a disability—call for subjective judgments on the part of the respondents, rather than strictly objective facts. In addition, care should be taken in extrapolating the results presented here to the future activities or well-being of younger baby boomers. For example, probably fewer of them will receive defined benefit pensions when they leave the labor force, but more of them will have participated in 401(k) or other defined contribution plans.

CBO's analysis indicates that, overall, the men and women in their 50s and early 60s who were not in the labor force in 2001 had much lower median family income, fewer assets, and higher poverty rates than did their contemporaries who were still in the labor force (see Table 1).<sup>2</sup> They also were much less likely to have finished high school.

CBO found that those men and women who had left the labor force even though they were not yet old enough to receive Social Security retired-worker benefits did so for a small number of reasons: The most frequent reason they

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1. See, for example, Congressional Budget Office, *Social Security: A Primer* (September 2001), *Baby Boomers' Retirement Prospects* (November 2003), and *The Long-Term Budget Outlook* (December 2003).

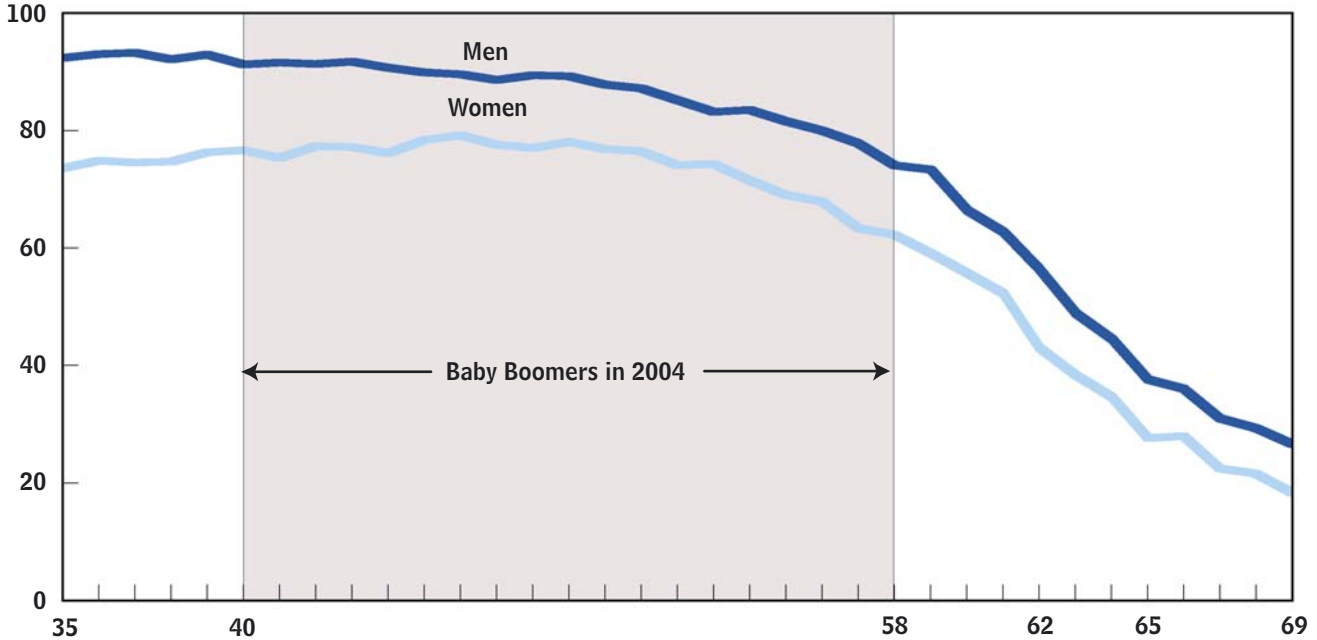
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2. As measured by the Bureau of the Census, the poverty threshold in 2001 for a person under age 65 was about \$9,200; for a married couple without children, it was about \$11,900.

**Figure 1.**

**Labor Force Participation Rates of Men and Women, by Age, 2004**

(Percentage of population)



Source: Congressional Budget Office based on data from the Census Bureau’s Current Population Survey for the first nine months of 2004.

offered for not working was that they were disabled—accounting for almost two-thirds of the men who were not in the labor force and two-fifths of the women. Most of the other men said that they were retired. Most of the other women said that they were retired, caring for others, or not interested in working.

Survey responses indicate that the circumstances of men and women not in the labor force because of a disability were quite different from those of the men and women who had retired. Among CBO’s findings:

- Men and women not in the labor force because of a disability generally had much lower income, higher poverty rates, and fewer assets than those who were retired. The higher income of retired workers, especially that of the men, was in large part attributable to their receipt of a pension. Nearly three-quarters of the retired men and one-third of the retired women received income from their own defined benefit pension.
- About 80 percent of the men and women who reported that they were not working because of a disability received Social Security Disability Insurance

benefits and/or were in a family that received payments from the Supplemental Security Income program. Far fewer of those respondents—21 percent of the men and 9 percent of the women—received a pension. They also had fewer years of education than men and women not in the labor force for other reasons.

- While most of the people who were not in the labor force had health insurance, the sources of that coverage varied greatly, depending on the reason for non-participation. The major sources of coverage for the disabled were Medicare and Medicaid. The single major source of health insurance for retired workers was from an employer (either the former employer of the retiree or the current or former employer of the retiree’s spouse).

**Participation in, and Withdrawal from, the Labor Force**

Since the first baby boomers were born, major changes have occurred in the labor force participation patterns of older men and women (see Figure 2). In the late 1940s and early 1950s, 9 out of 10 men ages 55 to 64 partici-

**Table 1.****Labor Force Status of Men and Women Ages 50 to 61 and the Main Reason for Nonparticipation, 2001**

	Not in Labor Force During 2001, by Reason				In Labor Force at Any Time During 2001
	Retired	Disabled	Other <sup>a</sup>	Total	
<b>Men</b>					
Size of Group					
Percentage of total <sup>b</sup>					14
Percentage of total not in labor force	32	64	4	100	n.a.
Income and Assets					
Median family income (Dollars)	30,000	20,000	*	23,000	62,000
Median net worth (Dollars)	231,000	19,000	*	61,000	148,000
Percentage who were poor	15	24	*	21	3
Percentage receiving a defined benefit pension	73	21	*	37	13
Percentage receiving Social Security or SSI	9	82	*	56	5
Percentage Without Health Insurance	9	11	*	11	11
Percentage Without a High School Diploma	11	34	*	26	11
<b>Women</b>					
Size of Group					
Percentage of total <sup>b</sup>					24
Percentage of total not in labor force	26	40	34	100	n.a.
Income and Assets					
Median family income (Dollars)	34,000	19,000	43,000	30,000	54,000
Median net worth (Dollars)	218,000	14,000	120,000	82,000	132,000
Percentage who were poor	14	34	10	21	3
Percentage receiving a defined benefit pension	35	9	8	15	7
Percentage receiving Social Security or SSI	20	79	13	41	7
Percentage Without Health Insurance	9	13	19	14	9
Percentage Without a High School Diploma	15	40	26	29	8

Source: Congressional Budget Office based on data from the 2001 Survey of Income and Program Participation.

Notes: Respondents were included in the labor force if they reported that they had worked or looked for work at any time during 2001.

SSI = Supplemental Security Income.

\* = not available because of the small sample size.

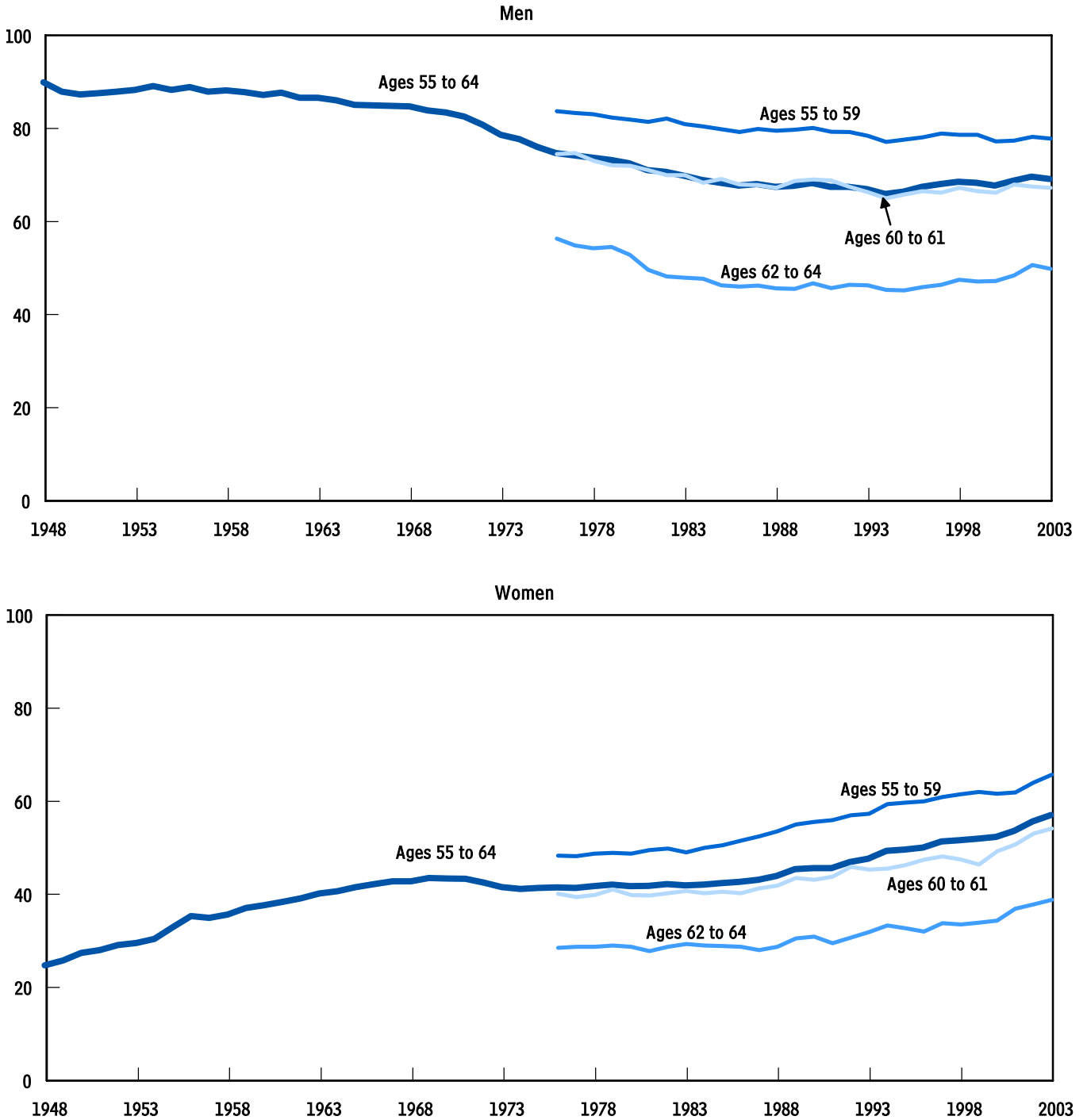
n.a. = not applicable.

- a. Most of the men and women in this category reported that they were taking care of others or not interested in working.
- b. For clarity of presentation, the numbers in this row provide the percentages of the total group not in the labor force or in the labor force in 2001, and the numbers in the next row disaggregate the group not in the labor force.

**Figure 2.**

**Labor Force Participation Rates of Men and Women Ages 55 to 64, 1948 to 2003**

(Percent)



Source: Congressional Budget Office based on data from the Bureau of Labor Statistics.

pated in the labor force, whereas fewer than 1 in 3 women did. Since the mid-1980s, however, only about two-thirds of men in that age group have participated in the labor force. Meanwhile, the labor force participation rate of women in that age group rose appreciably: in recent years, well over half have been in the labor force.

Why do some people stop working or looking for work before they become eligible for Social Security retirement benefits while others stay in the labor force long afterward? Individuals stop participating in the labor force if they decide that the benefits of working or seeking work no longer outweigh the costs of doing so. Those benefits include not just after-tax wages and other job-related remuneration, but also nonfinancial benefits (such as personal satisfaction and a social network). Likewise, the costs go well beyond the out-of-pocket expenses related to working (such as those for commuting and clothing). For most workers, the major cost is the value of the activities forgone while working—that is, the benefits they would have derived from whatever they could have done instead.

An extensive body of literature on retirement decisions highlights the disincentives or barriers that lead many workers to decide to leave the labor force well before they become eligible for Social Security retirement benefits. The availability and structure of defined benefit pension plans, in particular, have been linked to early retirement. In those plans, when workers reach a certain age and have been with their employer a specified number of years, they qualify for a pension. Specific features of defined benefit plans place a large effective tax on people who, once eligible for a pension, remain with the same employer. Those features include less-than-actuarially fair accrual rates for additional pension benefits and legal restrictions that limit the ability of a worker to draw a pension while continuing to work for that employer.

Although workers can respond to those disincentives by changing employers rather than retiring, the compensation from their next-best job may be well below what they currently earn. For employers, seniority-based systems may result in wages for older workers that exceed their actual or perceived productivity, discouraging employers from hiring or retaining such workers. Higher average costs of health insurance for older workers may further reduce employers' incentives to employ them. Likewise, older workers who lose their job may have considerable difficulty finding a new one that pays nearly as

much as the one they lost, and they might respond by leaving the labor force.<sup>3</sup>

Researchers have linked the long-term decline in the labor force participation rate of older men to the nation's greater affluence.<sup>4</sup> Pensions, Social Security, and private savings have enabled many workers to exit the labor force without being financially dependent on their children. The early-retirement incentives commonly found in defined benefit pension plans, noted previously, may further encourage workers to leave the labor force before they qualify for Social Security retirement benefits. In recent years, however, the decline in defined benefit pension plan coverage and the rise of 401(k) and other defined contribution plans have reduced the fraction of the workforce facing those incentives.<sup>5</sup>

The future course of the labor force participation rate of older men is difficult to predict, in part because of different expected trends in its determinants. The nation's economy is likely to continue to grow, which could facilitate early retirement. However, the switch from defined benefit pension plans to defined contribution plans, along with increasing life spans, could discourage early retirement. CBO projects that the participation rate of men in their late 50s and early 60s will remain near its current level during the next decade.<sup>6</sup> By contrast, CBO anticipates that the participation rate of women in that age group will continue to rise as the cohorts with a greater attachment to the labor force enter their late 50s and early 60s.

## Who Stops Working Before Age 62, and What Do They Live On?

The analysis presented here is based largely on information obtained from the 2001 Survey of Income and Pro-

- 
3. In January 2004, about 57 percent of workers ages 55 to 64 who were displaced in 2001, 2002, or 2003 were reemployed, compared with 69 percent of the displaced workers ages 25 to 54. See U.S. Bureau of Labor Statistics, "Worker Displacement, 2001-03," *U.S. Department of Labor News 04-1381* (July 30, 2004).
  4. See Dora L. Costa, *The Evolution of Retirement* (Chicago: University of Chicago Press, 1998).
  5. See Leora Friedberg and Anthony Webb, *Retirement and the Evolution of Pension Structure*, Working Paper No. 9999 (National Bureau of Economic Research, September 2003).
  6. Congressional Budget Office, *CBO's Projections of the Labor Force* (September 2004), available at [www.cbo.gov](http://www.cbo.gov).

gram Participation. The sample relevant to this analysis consists of about 8,500 men and women ages 50 through 61 in 2001. The majority of that group were born during the baby boom. The others (ages 56 and older) were born earlier, but their inclusion provides additional information about the characteristics and resources of people who leave the labor force before becoming eligible for Social Security retirement benefits. For the purposes of this analysis, particular attention is paid to the income, assets, and characteristics of the 14 percent of men and 24 percent of women ages 50 through 61 who reported that they had not worked or looked for work at any time during 2001. (Additional information about the SIPP is provided in the appendix.)

Those who were not in the labor force during that period were classified according to the main reason they provided for not working: 32 percent of the men and 26 percent of the women not in the labor force indicated that they were retired; 64 percent of the men and 40 percent of the women said that they were disabled; and, 4 percent of the men and 34 percent of the women said that they were taking care of others, not interested in working, temporarily ill or injured, could not find work, or were out of the workforce for other reasons.<sup>7</sup>

On the basis of information that the respondents provided about their previous employment history and about their activities during the following year (2002), most of the men and women who were not in the labor force at any time in 2001 appear to have worked earlier but to have since totally withdrawn from the labor force. Only 3 percent of the male respondents who were not in the labor force in 2001 and 12 percent of the women said that they had never worked. Among the respondents for whom information was available for all of 2002, only 5 percent of the men and 6 percent of the women reported any subsequent earnings, and most of them earned less than \$6,000 that year.

7. See Box 1 on page 16 for a discussion of issues related to the measurement of disability. CBO reclassified as disabled a small number of individuals who reported that they received Social Security Disability Insurance benefits but did not give disability as their main reason for not working. Most of the respondents who gave a reason other than retirement or disability said that they were taking care of others or not interested in working.

### **Income and Assets**

The men and women in their 50s and early 60s who were not in the labor force had much lower median family income than did the men and women who were still in the labor force (see the last two columns of Table 2). They also had far fewer assets.

Among the men and women who were not in the labor force, those who had retired generally were in a much stronger financial position than those who were out of the labor force because of a disability. (Retired workers typically had lower income than did those who were still in the labor force, but more assets.) Retired men had a median family income of about \$30,000 and a net worth, including home equity, that exceeded \$200,000.<sup>8</sup> The median income of disabled men was only about \$20,000, and their net worth (at \$19,000) was less than one-tenth that of retired men. Such variations also were found for retired and disabled women.

For many people, equity in their house constitutes their largest single asset. Excluding home equity from calculations of net worth made the differences between retired and disabled men and women starker: excluding home equity, the household net worth of the typical retired man or woman was about \$90,000. The household net worth of the median disabled man or woman, however, was only about \$1,000 or \$2,000.

For two reasons, the differences in average well-being may well be larger than even those estimates of income and net worth suggest. First, most of the retired men and women could anticipate becoming eligible for Social Security retired worker benefits when they reach age 62, which will add to their other income. But the majority of disabled men and women already were receiving a Social

8. Unlike the data on income, the information about assets and liabilities from the SIPP includes household members not related to the respondent. For example, if the respondent shared living quarters with unrelated persons, their combined assets and liabilities were counted.

Although the assets recorded in the SIPP include the value of various retirement accounts (such as 401(k)s and individual retirement accounts, or IRAs), they do not include the value of Social Security benefits and defined benefit pensions that the respondents or other members of their household might later receive.



**Table 2.**

## Income and Assets of Labor Force Participants and Nonparticipants Ages 50 to 61, 2001

(Dollars)

	Not in Labor Force During 2001, by Reason				In Labor Force at Any Time During 2001
	Retired	Disabled	Other <sup>a</sup>	Total	
<b>Men</b>					
Median Family Income	29,600	20,200	*	23,200	61,800
Median Net Worth					
Including home equity	230,800	19,100	*	61,400	147,600
Excluding home equity	88,800	2,200	*	7,900	55,000
Percentage with an IRA, 401K, or Keogh Account	47	6	*	19	50
<b>Women</b>					
Median Family Income	34,500	18,600	43,100	30,400	54,400
Median Net Worth					
Including home equity	217,600	13,500	120,000	81,700	132,500
Excluding home equity	90,500	1,200	27,000	12,900	42,400
Percentage with an IRA, 401K, or Keogh Account	33	6	19	18	49

Source: Congressional Budget Office based on data from the 2001 Survey of Income and Program Participation.

Notes: Respondents were included in the labor force if they reported that they had worked or looked for work at any time during 2001.

\* = not available because of the small sample size; IRA = individual retirement account.

a. Most of the men and women in this category reported that they were taking care of others or not interested in working.

Security disability benefit and consequently will not become eligible for any additional Social Security benefit at age 62.<sup>9</sup>

Second, workers who decided to retire because they felt that they could afford to do so and wanted to do something else with their time presumably were better off than

if they had remained at work, assuming that their expectations were realized. Even though they no longer had the earnings from their former job, they had more time to do other things. Those who were not working because of a disability may have had less of a choice.

The higher average income of the men and women who had retired, as opposed to having left the labor force because of a disability, is associated largely with the greater likelihood of their having a pension. Nearly three-quarters of the men and about one-third of the women who had retired were receiving a pension in 2001, accounting

9. In most cases, they will continue to receive the same monthly Social Security benefit, adjusted for inflation, for the rest of their life. If they are married, however, their spouse might become eligible for a new benefit or a higher benefit when he or she reaches age 62.

for a substantial portion of their average income (see Tables 3 and 4).<sup>10</sup> Most of the average income of retired men came from their pension, earnings of family members (usually a wife), and income from assets. For retired women, their husband's pension and Social Security also were major sources.<sup>11</sup>

Benefits from Social Security Disability Insurance and Supplemental Security Income (SSI), along with the earnings of family members, were the main sources of income for disabled men and women. Almost two-thirds of the disabled men received Social Security disability benefits and more than one-third received SSI. A slightly smaller portion of the disabled women received Social Security disability benefits, but more received SSI. Few disabled men or women received pensions, and, among those who did, their average pension was only about half that of retired pensioners.

Those women not in the labor force because they were caring for others or for other reasons had a much higher median income than did women who said they were retired or disabled. The difference is largely attributable to the fact that a much higher percentage of them had husbands still in the workforce and that their husbands' average earnings were substantially higher than the earnings of retired or disabled women's husbands.

Care must be taken in drawing conclusions about the future economic well-being of people not in the labor force in 2001 or the well-being of workers who subsequently leave the labor force. In particular, the value of various assets—including homes and stocks—could well be different in the future. Also, it is likely that a smaller percentage of future retired workers will have participated in defined benefit pension plans, as coverage in those plans

gives way to coverage in defined contribution plans, such as 401(k) plans.<sup>12</sup>

### Poverty

Another gauge of a group's economic status is the percentage who are poor. In 2001, an individual under age 65 was considered poor by the Bureau of the Census if his or her family's cash income for the year was below about \$9,200. The threshold for a married couple was about \$11,900.

In general, people in their 50s and early 60s who continue to work are at or near their peak earnings years. Thus, it is not surprising that very few of those who remained in the labor force were poor. Likewise, it is not surprising that the men and women who were not in the labor force had a much higher poverty rate than did those still in the labor force: 21 percent versus 3 percent (see Table 5).

The retired workers fared much better than did the men and women who were not in the labor force because of a disability. Fifteen percent of the retired men and 14 percent of the retired women had income below the poverty threshold, compared with 24 percent of the disabled men and 34 percent of the disabled women.

One limitation of the way poverty is measured is that it does not take into account assets owned by individuals and their families except to the extent that the assets produce current income (for example, interest and dividends). Two people may have the same cash income, but if one owns a house and has an IRA and the other does not, their actual economic situations are quite different. The assets are available to meet future spending needs, whether or not they produce current income.

The extent to which the retired workers with low income but substantial assets might be better off than their annual income suggests can be gauged by translating those assets into the annual income they would produce if converted into an annuity. Such a calculation, using

10. The average annual incomes displayed in Tables 3 and 4 are higher than the median incomes reported in Table 2. Although medians are better for depicting the income of a typical person in a group, such as retired men, average incomes provide a better base for describing the sources of a group's income.

11. Four percent of the retired men and 10 percent of the retired women said that they received their own Social Security benefits on the basis of being a retired worker. Because workers do not qualify for retired worker benefits until age 62, those respondents were mistaken about receiving Social Security, the reason they were receiving it, or their age. (About 5 percent of the retired women said that they received Social Security benefits because they were the widow of a deceased worker, which is permitted at age 60 or at any age if the recipient is caring for a minor child.)

12. During the past decade, the percentage of full-time workers in private industry who participated in defined benefit plans fell from 33 percent to 24 percent, while participation in defined contribution plans rose from 40 percent to 48 percent. See William Wiatrowski, "Medical and Retirement Plan Coverage: Exploring the Decline in Recent Years," *Monthly Labor Review* (August 2004), pp. 29-36.

**Table 3.****Sources of Income for Men Ages 50 to 61 Not Participating in the Labor Force, 2001**

Income Source	Percentage Receiving Income from Designated Source	Average Annual Amount (Dollars)	
		For Recipients of Income from Designated Source	For All in the Group
<b>Retired</b>			
All Available Sources <sup>a</sup>	99	33,800	33,400
Earnings of Spouse or Other Family Members	38	26,100	9,800
Pension			
Own	73	19,300	14,100
Spouse's	10	6,500	700
Social Security			
Own	4	7,100	300
Spouse's or other family members'	11	8,100	900
Property	82	5,400	4,400
SSI	5	7,800	400
Veterans' Benefits	5	10,800	500
<b>Disabled</b>			
All Available Sources <sup>a</sup>	99	28,700	28,300
Earnings of Spouse or Other Family Members	44	24,900	11,100
Pension			
Own	21	10,300	2,100
Spouse's	3	10,800	300
Social Security			
Own	64	8,600	5,500
Spouse's or other family members'	24	8,100	1,900
Property	43	1,100	500
SSI	37	6,100	2,300
Veterans' Benefits	15	11,400	1,700

Source: Congressional Budget Office based on data from the 2001 Survey of Income and Program Participation.

Note: SSI = Supplemental Security Income.

a. Includes some sources not listed.

**Table 4.****Sources of Income for Women Ages 50 to 61 Not Participating in the Labor Force, 2001**

Income Source	Percentage Receiving Income from Designated Source	Average Annual Amount (Dollars)	
		For Recipients of Income from Designated Source	For All in the Group
<b>Retired</b>			
All Available Sources <sup>a</sup>	100	44,300	44,300
Earnings of Spouse or Other Family Members	46	46,400	21,400
Pension			
Own	35	13,600	4,800
Spouse's	44	16,900	7,500
Social Security			
Own	15	4,000	600
Spouse's or other family members'	34	10,500	3,600
Property	82	5,200	4,300
SSI	6	5,800	400
Veterans' Benefits	6	7,200	500
<b>Disabled</b>			
All Available Sources <sup>a</sup>	99	25,900	25,800
Earnings of Spouse or Other Family Members	48	26,100	12,500
Pension			
Own	9	7,700	700
Spouse's	13	11,600	1,500
Social Security			
Own	58	5,800	3,400
Spouse's or other family members'	30	8,100	2,400
Property	38	1,900	700
SSI	44	5,000	2,200
Veterans' Benefits	4	5,600	200

Continued

**Table 4.****Continued**

Income Source	Percentage Receiving Income from Designated Source	Average Annual Amount (Dollars)	
		For Recipients of Income from Designated Source	For All in the Group
		Other <sup>b</sup>	
All Available Sources <sup>a</sup>	98	63,200	61,700
Earnings of Spouse or Other Family Members	77	64,900	50,000
Pension			
Own	8	7,500	600
Spouse's	21	16,400	3,400
Social Security			
Own	6	4,300	200
Spouse's or other family members'	23	8,900	2,000
Property	74	3,200	2,400
SSI	9	5,300	500
Veterans' Benefits	8	7,400	600

Source: Congressional Budget Office based on data from the 2001 Survey of Income and Program Participation.

Note: SSI = Supplemental Security Income.

a. Includes some sources not listed.

b. Most of the women in this category reported that they were taking care of others or not interested in working.

each retired worker's net worth, excluding home equity, reduces the estimated number of poor retired workers: the percentage of retired men with family income below their poverty threshold falls from 15 percent to 11 percent; the percentage of retired women counted as poor falls from 14 percent to 11 percent.<sup>13</sup> Annuitizing each

retired worker's home equity reduces the estimated poverty rates of retired men and retired women to about 5 percent and 9 percent.

Including the annuity value of the assets of those men and women not in the labor force because of a disability makes very little difference because they had so few assets—especially those with low cash income. Even allowing for the equity in their homes, about one-quarter of the disabled men and one-third of the disabled women still would have income below the poverty threshold.

13. CBO calculated the annuity rate based on the individual's age and marital status. For example, for unmarried individuals, it ranged from 4.4 percent for a person age 50 to 5.9 percent for a person age 61; for married individuals, the range was 3.7 percent to 4.8 percent. Those rates were based on the annuities offered to retired federal workers through the Thrift Savings Plan in September 2004. CBO used the annuity option in which payments increased by up to 3 percent per year, on the basis of increases in the consumer price index. For married individuals, CBO also specified joint life annuities with 100 percent to the survivor.

For this calculation, each person's total family income was increased by the difference between the estimated annuity value of his or her net worth, excluding home equity, and his or her reported property income. If the reported property income was higher than the estimated annuity, no adjustment was made.

### Health Insurance

Besides causing a decline in cash income, withdrawal from the labor force also may put at risk a worker's access to health insurance. Most adults under age 65 obtain health insurance coverage through their own or their spouse's employer. The cost of employer-sponsored insurance generally is much lower than the cost of insurance that a worker can obtain in the individual health insurance market. Moreover, employers typically pay the ma-

**Table 5.****Poverty Rates of Labor Force Participants and Nonparticipants  
Ages 50 to 61, 2001**

(Percent)

	Not in Labor Force During 2001, by Reason				In Labor Force at Any Time During 2001
	Retired	Disabled	Other <sup>a</sup>	Total	
Based on Cash Income					
Men	15	24	*	21	3
Women	14	34	10	21	3
Based on Cash Income Plus Annuity Value of Net Worth (Excluding home equity)					
Men	11	24	*	20	3
Women		33	9	19	3
Based on Cash Income Plus Annuity Value of Net Worth (Including home equity)					
Men	5	23	*	17	2
Women	9	31	8	17	3

Source: Congressional Budget Office based on data from the 2001 Survey of Income and Program Participation.

Notes: Respondents were included in the labor force if they reported that they had worked or looked for work at any time during 2001.

\* = not available because of the small sample size.

a. Most of the men and women in this category reported that they were taking care of others or not interested in working.

majority of the premium, which is not counted as taxable income to the worker.

Most men and women ages 50 through 61 were covered by a health insurance policy at the end of 2001, whether or not they were in the labor force (see Table 6). Most of those in the labor force were covered by an employer-sponsored plan—either through their own current or former employer or that of their spouse.

The main source of health insurance for people not in the labor force varied widely, depending on whether they were not working because of a disability, because they had retired, or because of another reason. About half of the disabled were covered by Medicare or Medicaid, whereas roughly three-quarters of the retired men and women were covered by employer-sponsored health insurance (either their own or that of a spouse). Women who were not in the labor force because they were caring for others or not interested in working or for other reasons were more

likely than other women to be uninsured (19 percent, compared with 13 percent of disabled women, 9 percent of retired women, and 9 percent of women still in the labor force).

**Characteristics of Men and Women Not in the Labor Force**

As noted previously, 14 percent of the men and 24 percent of the women ages 50 to 61 were not in the labor force in 2001. They differed from their contemporaries who remained in the labor force in several ways (see Table 7). Moreover, among the men and women not in the labor force, there were further distinctions between those who had left the labor force because of a disability and those who had retired.<sup>14</sup>

14. The patterns among people ages 50 to 61 described here were found for narrower age groups as well, with the important difference being that older members of this group had uniformly lower labor force participation rates.

**Table 6.****Health Insurance Coverage Among Labor Force Participants and Nonparticipants Ages 50 to 61, 2001**

(Percent)

Source of Coverage	Not in Labor Force During 2001, by Reason				In Labor Force at Any Time During 2001
	Retired	Disabled	Other <sup>a</sup>	Total	
<b>Men</b>					
Employer-Sponsored	76	33	*	47	82
Medicare, Medicaid	4	52	*	35	1
Other Coverage	11	4	*	7	6
Uninsured	<u>9</u>	<u>11</u>	*	<u>11</u>	<u>11</u>
	100	100		100	100
<b>Women</b>					
Employer-Sponsored	73	27	64	52	82
Medicare, Medicaid	4	53	6	24	2
Other Coverage	14	7	11	10	7
Uninsured	<u>9</u>	<u>13</u>	<u>19</u>	<u>14</u>	<u>9</u>
	100	100	100	100	100

Source: Congressional Budget Office based on data from the 2001 Survey of Income and Program Participation.

Notes: Respondents were included in the labor force if they reported that they had worked or looked for work at any time during 2001.

\* = not available because of the small sample size.

a. Most of the men and women in this category reported that they were taking care of others or not interested in working.

**Educational Attainment.** Only 13 percent of the men ages 50 to 61 who were not in the labor force had graduated from college, compared with 34 percent of the men still in the labor force in 2001. Likewise, about one-quarter of the men no longer in the labor force had not completed high school, compared with only 1 in 10 of the men still in the labor force.

Those differences are almost entirely attributable to the much lower educational attainment of men who were not in the labor force because of a disability. For instance, while only 5 percent of the disabled men had graduated from college, 34 percent had not finished high school. By contrast, the educational attainment of men who said that they had retired was akin to that of men still in the labor force.

The situation for women is similar. Few of the women not in the labor force because of a disability had graduated from college, while 40 percent of the disabled women had not completed high school. Women who had

retired also were more likely than women still in the labor force not to have completed high school, but the difference was much smaller. (Women not in the labor force for other reasons—because they were caring for others, for instance—were more likely to have completed high school than were the disabled women, but less likely than were the retired women.)

**Marital Status.** A smaller percentage of men not in the labor force were married (55 percent), compared with men in the labor force (74 percent). That difference, for the most part, is associated with the men not in the labor force because of a disability: only half of the men not in the labor force as a result of a disability were married, compared with over two-thirds of retired men.

Although women not in the labor force were as likely to be married as those in the labor force, there were major differences between those women not in the labor force because of a disability and other nonworking women.

**Table 7.**

## Characteristics of Labor Force Participants and Nonparticipants Ages 50 to 61, 2001

(Percent)

	Not in Labor Force During 2001, by Reason				In Labor Force at Any Time During 2001
	Retired	Disabled	Other <sup>a</sup>	Total	
<b>Men</b>					
Education					
Did not finish high school	11	34	*	26	11
High school diploma	33	37	*	35	26
Some college	26	24	*	25	28
College graduate	<u>30</u>	<u>5</u>	*	<u>13</u>	<u>34</u>
	100	100		100	100
Marital Status					
Married	70	49	*	55	74
Divorced, separated, widowed	23	36	*	31	20
Never married	8	15	*	14	5
Origin					
Native born	96	91	*	93	89
Foreign born	4	9	*	7	11
Age Last Worked					
50 or later	84	32	*	49	100
Before 50	15	64	*	48	0
Never employed	1	4	*	3	0
Disability Status					
Work-limiting disability	28	100	*	25	16
None	72	0	*	75	84

Continued

Less than half of the disabled women were married, compared with three-quarters of the women who had retired.

**Origin.** Men not born in the United States were slightly more likely to be in the labor force than were native-born men; by contrast, foreign-born women were slightly less likely to be in the labor force. For men, the biggest difference was in the share that were retired: only 4 percent of retired men were foreign born, compared with 9 percent of men not in the labor force because of a disability and 11 percent of men in the labor force. Foreign-born

women were much more likely than native-born women to be out of the labor force because they were taking care of others or not interested in working: they constituted 19 percent of that group, compared with only 10 percent of the women in the labor force.

**Age Last Worked.** Nearly all (97 percent) of the men who were not in the labor force said that they had worked earlier. Those who left the labor force because of a disability were much more likely than the retired workers to have withdrawn before age 50. A lower percentage of women



**Table 7.****Continued**

	Not in Labor Force During 2001, by Reason				In Labor Force at Any Time During 2001
	Retired	Disabled	Other <sup>a</sup>	Total	
Women					
Education					
Did not finish high school	15	40	26	29	8
High school diploma	32	34	34	34	33
Some college	24	22	24	23	31
College graduate	<u>29</u>	<u>4</u>	<u>15</u>	<u>14</u>	<u>28</u>
	100	100	100	100	100
Marital Status					
Married	75	46	83	66	65
Divorced, separated, widowed	19	46	13	28	29
Never married	6	8	3	6	7
Origin					
Native born	88	91	81	87	90
Foreign born	12	9	19	13	10
Age Last Worked					
50 or later	60	25	29	35	100
Before 50	32	64	55	53	0
Never employed	8	11	16	12	0
Disability Status					
Work-limiting disability	28	99	26	55	15
None	72	1	74	45	85

Source: Congressional Budget Office based on data from the 2001 Survey of Income and Program Participation.

Notes: Respondents were included in the labor force if they reported that they had worked or looked for work at any time during 2001.

\* = not available because of the small sample size.

a. Most of the men and women in this category reported that they were taking care of others or not interested in working.

not in the labor force (88 percent) said that they once had worked, and many more (53 percent) said that they had stopped working before age 50. The women not in the labor force because of a disability or for other reasons were less likely than retired women to have worked at one time, and, if they did, were more likely to have stopped working before age 50.

**Disability Status.** Respondents—whether or not they were working—were asked whether they had a physical, mental or other health condition that limited the kind or

amount of work they could do. Predictably, virtually all who cited disability as the main reason they were not in the labor force answered the question affirmatively. In addition, about 15 percent of the men and women who were still in the labor force said that they had a work-limiting disability, as did almost 30 percent of the retired workers. That is, while having a work-limiting disability did not necessarily result in a person's leaving the labor force, it did increase the likelihood that he or she would do so (see Box 1).

**Box 1.****What Does “Disabled” Mean?**

Most of the analysis in this paper is based on a self-reported interpretation of why people are not working, rather than on an objective measure of impairment. The Congressional Budget Office classified respondents in the Survey of Income and Program Participation (SIPP) as disabled if they said that the main reason they were not working was that they had a chronic health condition or disability, rather than that they had retired, were caring for others, were not interested in working, or had another reason. An additional, more expansive, measure of disability available in the SIPP (and used in this paper) is based on individuals' responses to a question about whether they had a physical, mental or other health condition that limited the kind or amount of work they could do. About 15 percent of the respondents who were still in the labor force and almost 30 percent of the retired workers said that they did have a work-limiting disability. As suggested by those responses, individuals can consider themselves to have a disability and yet still continue to work.

Researchers have long debated how best to define and measure disability.<sup>1</sup> Some definitions are based on whether an individual has one or more specific impairments—for example, the loss of a leg. Others, such as the work-limiting disability measurement

noted above, are based on a functional limitation that could be affected by circumstances other than the specific impairment itself. For example, a person with a college degree working in an office is less likely than a high school dropout working in a factory to consider the loss of a leg to be a relevant disability.

Different public programs and policies use varying criteria. The Americans with Disabilities Act, for example, defines disability as a physical or mental impairment that substantially limits one or more of the major life activities. Eligibility for benefits from the Social Security Disability Insurance program is based, in part, on a much narrower criterion: the inability to engage in “substantial gainful activity” by reason of a physical or mental impairment that is expected to last for at least 12 months or to result in death.

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1. For a recent comprehensive examination of this topic, see David C. Stapleton and Richard V. Burkhauser, eds., *The Decline in Employment of People with Disabilities: A Policy Puzzle* (Kalamazoo, Michigan: W. E. Upjohn Institute for Employment Research, 2003). Much of the discussion in this box is based on that volume.



## Appendix: The Survey of Income and Program Participation

**T**he Survey of Income and Program Participation (SIPP) is a longitudinal survey of the population of the United States that has been conducted by the Bureau of the Census since the mid-1980s. Each panel comprises a nationally representative sample of households selected by the bureau and interviewed every four months for up to four years. The sample of the population used in this paper came from the panel begun in 2001, the most recent panel available. The panel originally consisted of about 35,000 households, but attrition reduced the size of the panel interviewed in subsequent waves of the survey. The sample relevant to the main part of the analysis presented in this paper consists of about 8,500 people—approximately 4,100 men and 4,400 women—who were ages 50 through 61 at the end of 2001 and for whom sufficient information existed for each month of that year (the first three or four waves of the survey, depending on when the respondents were first interviewed).

### Characteristics and Labor Force Status

Most of the information about the personal characteristics of the respondents reported in the analysis of individuals ages 50 through 61 comes from responses to questions asked in the third or fourth interview. The Congressional Budget Office (CBO) calculated the age of respondents in December 2001 using their reported date of birth; in cases in which the year of birth was reported but not the month, July was used.

Labor force status was determined on the basis of answers to questions about activities during each month of 2001. Individuals were counted as participating in the labor force during 2001 if they had worked or looked for work at any time during that year. Otherwise, they were counted as not in the labor force.

Respondents not in the labor force were categorized according to their answer to the question “What is the main

reason you did not work at a job or business between . . . and today?” Those who responded that they were retired or that they were unable to work because of a chronic health condition or disability were classified, respectively, as “retired” or “disabled.” All others were classified as “other.” They included those who said that they were temporarily unable to work because of an injury or illness, those out of the labor force because of pregnancy or childbirth, those taking care of children or others, those going to school, those unable to find work or who had been laid off, those not interested in working in the paid labor force, or those not working for other reasons. However, about 80 respondents who said that they were receiving Social Security Disability Insurance benefits did not give disability as their main reason for not working. CBO reclassified them as disabled.

### Income, Poverty, and Assets

The sources and amount of a respondent’s annual income were calculated by summing the respondent’s answers to the monthly-income questions asked in each interview. The annual incomes reported in this paper were calculated by summing the incomes reported during the twelve months of 2001. Individuals were counted as poor if their family income fell below the poverty threshold used by the Census Bureau for their family size.

The Census Bureau collected asset information for each household in a set of supplementary questions asked during the third interview, which occurred in late 2001. Net worth is based on the sum of the market value of assets owned by every member of the respondent’s household minus the liabilities owed by household members. Assets include homes, other real estate, cars, businesses, and financial assets. Individual retirement accounts are included, but the value of future Social Security and pension benefits is not. Unlike the information on income,

the data on assets and liabilities include household members who are not related to the respondent.

Respondents might report that they were receiving benefits from one public program when those benefits actually came from another source, or they might incorrectly report the amount of income they had received. For example, some of the respondents who said that they received Social Security retired worker benefits were not old enough to be eligible for those benefits. (That particular discrepancy could result from a mistake either about the actual source of their income or about their age.)

### **Annuitizing Net Worth**

Someone who is not in the labor force and has considerable assets but very little income is in a better position to meet his or her spending needs than someone with the same income who has few assets. Some respondents who lived in households with substantial net worth reported little or no income from interest, dividends, or other asset-related sources. In many cases, the lack of reported income simply reflects the fact that some assets—notably the equity in owner-occupied homes—do not produce cash income. In some cases, the lack of reported income may be because the actual owner of the asset is someone living in the respondent's household who is not a relative. In other cases, the respondents may not report income from an asset because they do not consider that income as available for current consumption or because they do not remember that particular income source. Interest and dividends from assets held in a 401(k) or individual retirement account, for example, might not be reported be-

cause they are not considered current income for tax purposes.

To get an indication of how much difference those assets might make, CBO calculated the annual income that each respondent's reported level of assets could generate if those assets were used to purchase an annuity. For single people, the annuity would provide an annual income for the remainder of the annuitant's life, adjusted each year for inflation, up to 3 percent. For married people, the annuity would provide an annual income for the remainder of the annuitant's life, or that of his or her spouse, also adjusted for inflation. The specific annuity rates used for those calculations were based on the age and marital status of the respondent, using rates quoted by the Thrift Savings Plan on its Web site in mid-September 2004. The relevant rates ranged from 3.7 percent for a married annuitant age 50 to 5.9 percent for a single annuitant age 61. For example, the annuity for a single person age 61 who reported a net worth of \$100,000 would be \$5,900 per year. If the amount from the annuity exceeded the interest, dividends, and other property income reported by that person, it was substituted for the reported amount of property income and used to produce an adjusted income. Two sets of estimates were made: one based on the annuitization of the respondent's entire net worth, including home equity, and the other based on net worth excluding home equity.

Adjusted poverty rates then were calculated for each labor force status group on the basis of those adjusted incomes. As reported in the text, the adjustments were largest for those men and women who were not in the labor force because they had retired.



